



MEDICINE & SCIENCE IN ULTRA-ENDURANCE SPORTS™

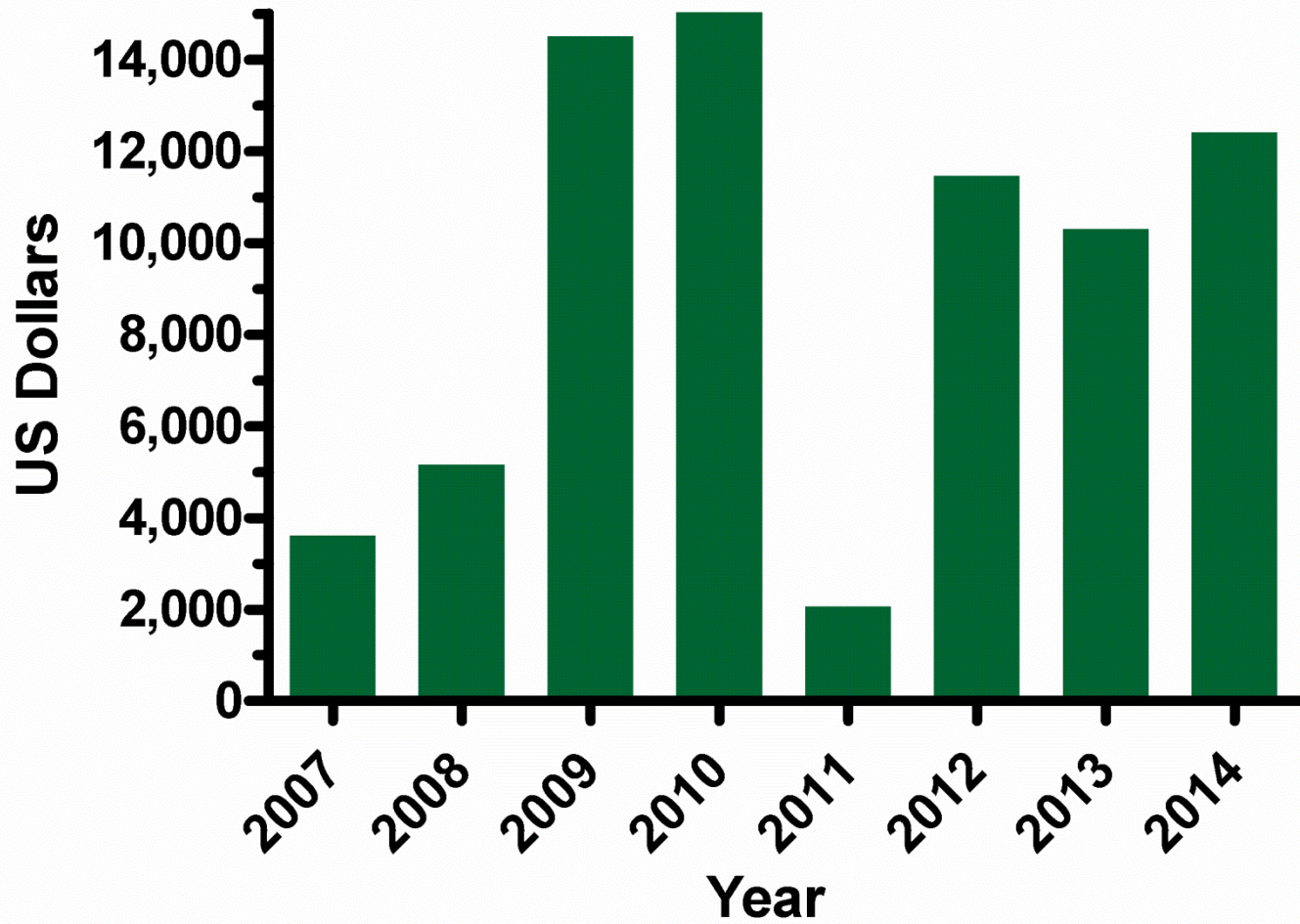


WSER Research Program

Charged by the WSER Board in 2006 to:

- Assure proper human studies requirements are met
- Expand funding opportunities
- Promote greater quality and publishable research from the event
- Propose specific lines of research

WSER Research Funding



WSER Research Sponsors



- and -
Jose Suarez
Karsten Louis Solheim

Areas of Research Focus

- Immune and oxidative response
- Profiling participants
- Participation and performance trends
- Cardiac responses and adaptations
- Fluid and nutritional requirements
- Exercise-associated hyponatremia
- Rhabdomyolysis, acute kidney injury
- Foot strike and gait adjustments
- During event medical needs
- Health and injuries of this population
- Psychological predictors of performance

Number of Publications from PubMed Search "ultramarathon OR ultrarunner OR ultrarunning"

